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St. Paul's Soup Kitchen

In 1995, Rose and her husband Walter started St. Paul's Soup Kitchen at St. Paul's United Methodist Church in Lowell. They began serving dinner one night a week and it quickly became two. Food was purchased at the Lowell Food Bank and cooked at St. Paul's. The Pastor at St. Paul's spoke with the Interfaith Council of Lowell and explained that the Soup Kitchen was successfully providing meals for the working poor, elderly and families in the community. Other organizations quickly came on board, and we now have meals supplied by churches, scout groups, restaurants and corporations

How we help? Our patrons include the working poor, elderly and families in the Lowell community who come to our soup kitchen for a hot meal every weekday evening, 52 weeks a year, rain or shine. Food is served from 5 to 6 p.m. by St. Paul's Soup Kitchen, at the Eliot Presbyterian Church. We provide gifts for the holidays and a warm, safe place for our guests to enjoy their meal. Donations of clothing are distributed.

We are supported entirely by donations! Monetary, food, service, holiday gifts and clothing are all donated by our supporters. Our Board of Directors, who take care of everything from ordering supplies to scheduling meal contributions, are all volunteers. The organizations that prepare and serve the meals are volunteers.

we share a common thread